

2010 OH Long Course Regional Championship Nort - 7/9/2010 to 7/11/2010
2010 OH Long Course Regional Championship Nor, Sanction #: 3271and #3272
Hosted by Greater Toledo Aquatic Club
Session Report

Session: 1 Friday Prelims
 Day of Meet: 1 Starts at 09:00 AM Heat Interval: 10 Seconds

Round	Event	Entries	Heats	Starts at
Finals	101 Girls 13-14 200 Freestyle Relay	7	1	09:00 AM _____
Finals	102 Boys 13-14 200 Freestyle Relay	4	1	09:03 AM _____
Finals	103 Girls 11-12 200 Freestyle Relay	11	2	09:05 AM _____
Finals	104 Boys 11-12 200 Freestyle Relay	4	1	09:11 AM _____
Finals	105 Girls 10 & Under 200 Freestyle Relay	8	1	09:13 AM _____
Finals	106 Boys 10 & Under 200 Freestyle Relay	2	1	09:17 AM _____
	Break: 5 Minutes			
Prelims	107 Girls 13-14 100 Breaststroke	32	4	09:25 AM _____
Prelims	108 Boys 13-14 100 Breaststroke	23	3	09:32 AM _____
Prelims	109 Girls 11-12 50 Breaststroke	45	6	09:38 AM _____
Prelims	110 Boys 11-12 50 Breaststroke	33	5	09:44 AM _____
Prelims	111 Girls 10 & Under 50 Breaststroke	38	5	09:50 AM _____
Prelims	112 Boys 10 & Under 50 Breaststroke	24	3	09:57 AM _____
	Break: 5 Minutes			
Prelims	113 Girls 13-14 200 Freestyle	36	5	10:06 AM _____
Prelims	114 Boys 13-14 200 Freestyle	28	4	10:21 AM _____
Prelims	115 Girls 11-12 100 Freestyle	68	9	10:34 AM _____
Prelims	116 Boys 11-12 100 Freestyle	34	5	10:48 AM _____
Prelims	117 Girls 10 & Under 100 Freestyle	47	6	10:56 AM _____
Prelims	118 Boys 10 & Under 100 Freestyle	29	4	11:08 AM _____
	Break: 5 Minutes			
Prelims	119 Girls 13-14 100 Butterfly	28	4	11:22 AM _____
Prelims	120 Boys 13-14 100 Butterfly	16	2	11:28 AM _____
Prelims	121 Girls 11-12 50 Butterfly	56	7	11:32 AM _____
Prelims	122 Boys 11-12 50 Butterfly	21	3	11:38 AM _____
Prelims	123 Girls 10 & Under 50 Butterfly	41	6	11:41 AM _____
Prelims	124 Boys 10 & Under 50 Butterfly	24	3	11:49 AM _____
	Break: 5 Minutes			
Prelims	125 Girls 13-14 200 IM	37	5	11:58 AM _____
Prelims	126 Boys 13-14 200 IM	30	4	12:14 PM _____
Finals-S	127 Girls 11-12 400 Freestyle	5	1	12:28 PM _____
Finals-S	128 Boys 11-12 400 Freestyle	0	0	12:36 PM _____
	Break: 10 Minutes			
Finals-S	129 Girls 13-14 1500 Freestyle	0	0	12:46 PM _____
Finals-S	130 Boys 13-14 1500 Freestyle	0	0	12:46 PM _____
	Swimmer Count for Warm-ups: 306	=====	=====	
	Entry / Heat Totals:	731	101	
	Finish Time			12:46 PM _____

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Session Report

Session: 2 Friday Finals

Day of Meet: 1 Starts at 05:00 PM Heat Interval: 45 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Finals-1	129 Girls 13-14 1500 Freestyle	5	1	05:00 PM _____
Finals-1	130 Boys 13-14 1500 Freestyle	2	1	05:24 PM _____
	Break: 5 Minutes			
Finals	107 Girls 13-14 100 Breaststroke	16	2u	05:52 PM _____
Finals	108 Boys 13-14 100 Breaststroke	16	2u	05:57 PM _____
Finals	109 Girls 11-12 50 Breaststroke	16	2u	06:01 PM _____
Finals	110 Boys 11-12 50 Breaststroke	16	2u	06:04 PM _____
Finals	111 Girls 10 & Under 50 Breaststroke	16	2u	06:07 PM _____
Finals	112 Boys 10 & Under 50 Breaststroke	16	2u	06:10 PM _____
	Break: 5 Minutes			
Finals	113 Girls 13-14 200 Freestyle	16	2u	06:19 PM _____
Finals	114 Boys 13-14 200 Freestyle	16	2u	06:25 PM _____
Finals	115 Girls 11-12 100 Freestyle	16	2u	06:31 PM _____
Finals	116 Boys 11-12 100 Freestyle	16	2u	06:35 PM _____
Finals	117 Girls 10 & Under 100 Freestyle	16	2u	06:39 PM _____
Finals	118 Boys 10 & Under 100 Freestyle	16	2u	06:43 PM _____
	Break: 5 Minutes			
Finals	119 Girls 13-14 100 Butterfly	16	2u	06:53 PM _____
Finals	120 Boys 13-14 100 Butterfly	16	2u	06:57 PM _____
Finals	121 Girls 11-12 50 Butterfly	16	2u	07:01 PM _____
Finals	122 Boys 11-12 50 Butterfly	16	2u	07:04 PM _____
Finals	123 Girls 10 & Under 50 Butterfly	16	2u	07:06 PM _____
Finals	124 Boys 10 & Under 50 Butterfly	16	2u	07:09 PM _____
	Break: 5 Minutes			
Finals	125 Girls 13-14 200 IM	16	2u	07:18 PM _____
Finals	126 Boys 13-14 200 IM	16	2u	07:25 PM _____
Finals-2	127 Girls 11-12 400 Freestyle	16	2	07:31 PM _____
Finals-2	128 Boys 11-12 400 Freestyle	16	2	07:46 PM _____
	Swimmer Count for Warm-ups: 201	=====	=====	
	Entry / Heat Totals:	359	46	
	Finish Time			08:01 PM _____

2010 OH Long Course Regional Championship Nort - 7/9/2010 to 7/11/2010
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Session Report

Session: 3 Saturday Prelims
 Day of Meet: 2 Starts at 09:00 AM Heat Interval: 10 Seconds

Round	Event	Entries	Heats	Starts at
Prelims	201 Girls 10 & Under 50 Freestyle	62	8	09:00 AM _____
Prelims	202 Boys 10 & Under 50 Freestyle	33	5	09:09 AM _____
Prelims	203 Girls 11-12 50 Freestyle	71	9	09:14 AM _____
Prelims	204 Boys 11-12 50 Freestyle	39	5	09:21 AM _____
	Break: 5 Minutes			
Finals-S	205 Girls 13-14 400 IM	0	0	09:30 AM _____
Finals-S	206 Boys 13-14 400 IM	0		09:30 AM _____
Prelims	207 Girls 10 & Under 100 Breaststroke	25	4	09:30 AM _____
Prelims	208 Boys 10 & Under 100 Breaststroke	17	3	09:42 AM _____
Prelims	209 Girls 11-12 100 Breaststroke	39	5	09:50 AM _____
Prelims	210 Boys 11-12 100 Breaststroke	21	3	10:00 AM _____
Prelims	211 Girls 13-14 200 Breaststroke	26	4	10:07 AM _____
Prelims	212 Boys 13-14 200 Breaststroke	17	3	10:22 AM _____
	Break: 5 Minutes			
Prelims	213 Girls 10 & Under 50 Backstroke	56	7	10:38 AM _____
Prelims	214 Boys 10 & Under 50 Backstroke	32	4	10:46 AM _____
Prelims	215 Girls 11-12 50 Backstroke	59	8	10:51 AM _____
Prelims	216 Boys 11-12 50 Backstroke	30	4	10:59 AM _____
Prelims	217 Girls 13-14 100 Backstroke	41	6	11:03 AM _____
Prelims	218 Boys 13-14 100 Backstroke	27	4	11:13 AM _____
	Break: 5 Minutes			
Finals-S	219 Girls 10 & Under 200 IM	5	1	11:25 AM _____
Finals-S	220 Boys 10 & Under 200 IM	0	0	11:29 AM _____
Prelims	221 Girls 11-12 200 IM	47	6	11:29 AM _____
Prelims	222 Boys 11-12 200 IM	20	3	11:50 AM _____
	Break: 5 Minutes			
Finals-S	223 Girls 13-14 400 Freestyle	16	2	12:07 PM _____
Finals-S	224 Boys 13-14 400 Freestyle	3	1	12:19 PM _____
	Swimmer Count for Warm-ups: 305	=====	=====	
	Entry / Heat Totals:	686	94	
	Finish Time			12:26 PM _____

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Session Report

Session: 4 Saturday Finals

Day of Meet: 2 Starts at 05:00 PM Heat Interval: 45 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Finals	201 Girls 10 & Under 50 Freestyle	16	2u	05:00 PM _____
Finals	202 Boys 10 & Under 50 Freestyle	16	2u	05:03 PM _____
Finals	203 Girls 11-12 50 Freestyle	16	2u	05:06 PM _____
Finals	204 Boys 11-12 50 Freestyle	16	2u	05:09 PM _____
Finals-2	205 Girls 13-14 400 IM	11	2	05:11 PM _____
Finals-2	206 Boys 13-14 400 IM	6	2	05:25 PM _____
	Break: 5 Minutes			
Finals	207 Girls 10 & Under 100 Breaststroke	16	2u	05:37 PM _____
Finals	208 Boys 10 & Under 100 Breaststroke	16	2u	05:42 PM _____
Finals	209 Girls 11-12 100 Breaststroke	16	2u	05:48 PM _____
Finals	210 Boys 11-12 100 Breaststroke	16	2u	05:53 PM _____
Finals	211 Girls 13-14 200 Breaststroke	16	2u	05:58 PM _____
Finals	212 Boys 13-14 200 Breaststroke	16	2u	06:06 PM _____
	Break: 5 Minutes			
Finals	213 Girls 10 & Under 50 Backstroke	16	2u	06:19 PM _____
Finals	214 Boys 10 & Under 50 Backstroke	16	2u	06:22 PM _____
Finals	215 Girls 11-12 50 Backstroke	16	2u	06:26 PM _____
Finals	216 Boys 11-12 50 Backstroke	16	2u	06:29 PM _____
Finals	217 Girls 13-14 100 Backstroke	16	2u	06:32 PM _____
Finals	218 Boys 13-14 100 Backstroke	16	2u	06:37 PM _____
	Break: 5 Minutes			
Finals-2	219 Girls 10 & Under 200 IM	16	2	06:47 PM _____
Finals-2	220 Boys 10 & Under 200 IM	11	2	06:56 PM _____
Finals	221 Girls 11-12 200 IM	16	2u	07:06 PM _____
Finals	222 Boys 11-12 200 IM	16	2u	07:13 PM _____
Finals-2	223 Girls 13-14 400 Freestyle	16	2	07:21 PM _____
Finals-2	224 Boys 13-14 400 Freestyle	15	2	07:33 PM _____
	Swimmer Count for Warm-ups: 209	=====	=====	
	Entry / Heat Totals:	363	48	
	Finish Time			07:46 PM _____

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Session Report

Session: 5 Sunday Prelims
 Day of Meet: 3 Starts at 09:00 AM Heat Interval: 10 Seconds

Round	Event	Entries	Heats	Starts at
Finals	301 Girls 13-14 200 Medley Relay	6	1	09:00 AM _____
Finals	302 Boys 13-14 200 Medley Relay	4	1	09:03 AM _____
Finals	303 Girls 11-12 200 Medley Relay	9	2	09:06 AM _____
Finals	304 Boys 11-12 200 Medley Relay	3	1	09:12 AM _____
Finals	305 Girls 10 & Under 200 Medley Relay	8	1	09:15 AM _____
Finals	306 Boys 10 & Under 200 Medley Relay	1	1	09:19 AM _____
	Break: 5 Minutes			
Prelims	307 Girls 13-14 50 Freestyle	42	6	09:28 AM _____
Prelims	308 Boys 13-14 50 Freestyle	33	5	09:32 AM _____
Prelims	309 Girls 11-12 100 Backstroke	53	7	09:36 AM _____
Prelims	310 Boys 11-12 100 Backstroke	28	4	09:49 AM _____
Prelims	311 Girls 10 & Under 100 Backstroke	42	6	09:58 AM _____
Prelims	312 Boys 10 & Under 100 Backstroke	19	3	10:10 AM _____
Prelims	313 Girls 13-14 200 Backstroke	23	3	10:17 AM _____
Prelims	314 Boys 13-14 200 Backstroke	14	2	10:27 AM _____
	Break: 5 Minutes			
Finals-S	315 Girls 10 & Under 200 Freestyle	19	3	10:38 AM _____
Finals-S	316 Boys 10 & Under 200 Freestyle	0	0	10:51 AM _____
Prelims	317 Girls 11-12 200 Freestyle	47	6	10:51 AM _____
Prelims	318 Boys 11-12 200 Freestyle	32	4	11:11 AM _____
Prelims	319 Girls 13-14 100 Freestyle	45	6	11:25 AM _____
Prelims	320 Boys 13-14 100 Freestyle	38	5	11:34 AM _____
	Break: 5 Minutes			
Prelims	321 Girls 10 & Under 100 Butterfly	12	2	11:46 AM _____
Prelims	322 Boys 10 & Under 100 Butterfly	4	1	11:51 AM _____
Prelims	323 Girls 11-12 100 Butterfly	27	4	11:53 AM _____
Prelims	324 Boys 11-12 100 Butterfly	2	1	12:01 PM _____
Prelims	325 Girls 13-14 200 Butterfly	8	1	12:03 PM _____
Prelims	326 Boys 13-14 200 Butterfly	1	1	12:06 PM _____
	Swimmer Count for Warm-ups: 268	=====	=====	
	Entry / Heat Totals:	520	77	
	Finish Time			12:09 PM _____

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Session Report

Session: 6 Sunday Final

Day of Meet: 3 Starts at 05:00 PM Heat Interval: 45 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at
Finals	307 Girls 13-14 50 Freestyle	16	2u	05:00 PM _____
Finals	308 Boys 13-14 50 Freestyle	16	2u	05:03 PM _____
Finals	309 Girls 11-12 100 Backstroke	16	2u	05:05 PM _____
Finals	310 Boys 11-12 100 Backstroke	16	2u	05:10 PM _____
Finals	311 Girls 10 & Under 100 Backstroke	16	2u	05:15 PM _____
Finals	312 Boys 10 & Under 100 Backstroke	16	2u	05:20 PM _____
	Break: 5 Minutes			
Finals	313 Girls 13-14 200 Backstroke	16	2u	05:31 PM _____
Finals	314 Boys 13-14 200 Backstroke	14	2u	05:39 PM _____
Finals-2	315 Girls 10 & Under 200 Freestyle	16	2	05:46 PM _____
Finals-2	316 Boys 10 & Under 200 Freestyle	12	2	05:54 PM _____
Finals	317 Girls 11-12 200 Freestyle	16	2u	06:03 PM _____
Finals	318 Boys 11-12 200 Freestyle	16	2u	06:10 PM _____
	Break: 5 Minutes			
Finals	319 Girls 13-14 100 Freestyle	16	2u	06:21 PM _____
Finals	320 Boys 13-14 100 Freestyle	16	2u	06:25 PM _____
Finals	321 Girls 10 & Under 100 Butterfly	12	2u	06:29 PM _____
Finals	322 Boys 10 & Under 100 Butterfly	4	2u	06:34 PM _____
Finals	323 Girls 11-12 100 Butterfly	16	2u	06:39 PM _____
Finals	324 Boys 11-12 100 Butterfly	2	2u	06:44 PM _____
Finals	325 Girls 13-14 200 Butterfly	8	2u	06:48 PM _____
Finals	326 Boys 13-14 200 Butterfly	1	2u	06:56 PM _____
	Swimmer Count for Warm-ups: 162	=====	=====	
	Entry / Heat Totals:	261	40	
	Finish Time			07:03 PM _____